

# KEEP YOUR GUARD UP DURING FLU SEASON

Flu prevention hasn't changed in the year of COVID-19. According to the Centers for Disease Control and Prevention, the flu shot is recommended for those who are 6 months and older as the first and most important step in flu prevention. Flu season usually starts in October, peaks in December, and can last through the following May.



Go to one of these pharmacies or call your doctor for a flu shot.

## Oahu

### **Costco**

All locations

### **CVS Caremark®/ Longs Drugs**

All locations

### **Don Quijote**

Kaheka, Waipahu

### **Foodland**

Locations with a pharmacy

### **Happy Pharmacy**

### **Longs Drugs pharmacies in Target**

All locations

### **Medical Center Pharmacy**

### **Pharmacare**

Main office, Pali Momi

### **Safeway**

Locations with a pharmacy

### **Sam's Club**

All locations

### **Times Pharmacy**

All locations

### **Waimanalo Pharmacy**

### **Walgreens**

All locations except  
Piikoi St.

### **Walmart**

All locations

### **Weinstein Pharmacy**

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